



By initialing, I state that I've received verbal and written post-procedure instructions from the Beau Institute, understand them and agree to call with any questions or concerns. 888-763-2328

Client Initials _____ Date _____ Practitioner _____

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	Eyebrows and/or Camouflage	Lips	Eyeliner
SWELLING	<ul style="list-style-type: none"> •Slight with varying degrees of redness. 	<ul style="list-style-type: none"> •Moderate swelling. An ice bag can be applied for the first few hours and next morning. •Be sure to apply Vaseline and then a tissue to prevent condensation from the bag of ice touching lips. 	<ul style="list-style-type: none"> •Moderate to severe swelling, depending on how you respond to crying. If you swell after crying, expect some swelling following procedure, generally for the first few mornings. •Sleep propped up or on your back to reduce swelling. •A sealed ice bag can be lightly applied for the first 2 days. DO NOT PRESS ICE BAG AGAINST EYES!
MOISTURE	<ul style="list-style-type: none"> •Keep area slightly moist using Q-tip with After Inked 1-2 X daily for a minimum of 1 week or until healed. 	<ul style="list-style-type: none"> •Tend to be very dry. Keep them moist using Q-tip and Vaseline for 14 days. Peeling will occur. DO NOT PEEL OFF! •Lips tend to fade 60% and color can hide for a 4 week period before resurfacing. •Very moist lipstick/lip gloss may be worn over a coat of Vaseline. 	<ul style="list-style-type: none"> •Wash eyes the first morning following the procedure with mild soap and water. Rinse well and pat dry lightly. •After which eye area should avoid contact with water for 5-7 days. •On the 4th day from the date of procedure, use a Q-tip to apply a tiny amount of Vaseline provided, once daily for 4 days. Wipe any excess with a clean Q-tip. If you can see it, you have applied too much!
AVOID UNTIL HEALED	<ul style="list-style-type: none"> •Avoid all moisturizers, active skin creams, Retin-A, soaps, facial cleansers, and water on pigmented area. Avoid washing the eyebrow-wash around eyebrow only. 	<ul style="list-style-type: none"> •Avoid soaps, facial cleansers, and water on pigmented area. Wash around the lips only. •Extended wear lipsticks or plumping gloss. •Teeth bleaching for a minimum of 3 weeks. •For 2 weeks, just pat your lips lightly with a napkin while eating. •Drink through a straw- even hot coffee or tea. 	<ul style="list-style-type: none"> •Avoid eye creams, night creams, moisturizers, Retin-A, lash tinting, lash extensions and false lashes. •Avoid getting Vaseline in your eye as this can invite an infection.
TAKE NOTICE	<ul style="list-style-type: none"> •Light redness is normal but if a red ring appears around the area, seek medical attention. 	<ul style="list-style-type: none"> •If you have a history of sores or fever blisters on the lips, chin or nose, you will require a prescription of 500 mg Valtrex. Take 2X a day, 2 days before tattoo and 4 days after or as otherwise prescribed. 	<ul style="list-style-type: none"> •Eyelid may have a slight pink or redness above eyeliner immediately following the procedure. •EYEBALL SHOULD NOT BE RED! You must seek medical attention immediately if you see signs of bloodshot eyes or puss in the corners of your eye/eyes. This may be an infection, requiring a physician and prescribed medication.

******* At first sign of infection, we advise you to consult your physician. *******

FOLLOW FOR ALL PROCEDURES: A touch-up procedure is often required.

- Avoid makeup, Retin-A & glycolic acids on pigmented areas while healing.
- Avoid touching with fingers, sunscreens, direct sun, tanning beds & self-tanners on pigmented areas.
- Avoid swimming pools, oceans, hot tubs, saunas and hot steamy showers. Shower with back to shower head to avoid water, shampoo and conditioner getting into pigmented area.
- Avoid dirt (as in gardening), extreme perspiration for the first week to prevent possible infection.
- If slight crust appears on pigmented area, do not force removal by picking, scratching, or washing. Procedures are not considered healed until all crusting has exfoliated.
- Don't be alarmed if pigment comes off onto Q-tip when applying aftercare ointments.
- Don't be alarmed by fading after first application. Final color can't be judged until 2 weeks post procedure.
- Never use topical antibiotics unless given to you at time of your procedure, with specific instructions.**
- Use a good sunscreen daily, once healed.
- If planning a chemical peel, MRI or other medical procedure, please notify them you have iron-oxide cosmetic tattoo.
- If planning to have laser hair removal on upper lip or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo so this area may be avoided by the laser. Both ablative and non-ablative lasers may cause pigment to turn black.
- If you donate blood, it's a Red Cross policy to wait one year after any tattooing procedure.