



By initialing, I state that I've received verbal and written post-procedure instructions from the **Beau Institute**, understand them and agree to call with any questions or concerns. **856-727-1411**

Client Name _____ Initials _____ Date _____ Practitioner _____

| | Eyebrows/Camouflage <i><u>Change your pillowcase, nightly.</u></i> | Lips <i><u>Change your pillowcase, nightly.</u></i> | Eyeliner <i><u>Change your pillowcase, nightly.</u></i> |
|--|--|--|--|
| WHAT TO EXPECT | Slight swelling with varying degrees of redness. Fairer complexions will tend to be pinker or red. | Day of procedure: Swelling may occur. An ice bag covered with paper towel can be applied for the first day and next morning. Lips will tend to weep. | Various degrees of swelling may occur, generally for first few mornings. Sleep propped up or on your back to reduce swelling. A sealed ice bag covered with paper towel can be <i>lightly</i> applied for the first 2 days. If eyes are weeping or tearing, pat lightly to dry with soft tissue. DO NOT PRESS ICE BAG AGAINST EYES! |
| HOW TO CARE FOR YOUR PERMANENT MAKEUP | Day of procedure: Pat <i>lightly</i> to remove any fluid with soft tissue. Day 2: Wash brows <i>lightly</i> with warm water & mild soap using fingertips. Pat dry with soft cloth. Day 3 – 7: Apply a <u>small amount</u> of Eucerin Original Crème, Aquaphor, After Inked, or Grape Seed Oil, 1x daily in A.M. using Q-tip. | Day 1-10: Keep moist using Q-tip with Eucerin Original Crème for 10-days. Day 2-3: Wash lips with mild soap & water using fingertips. Rinse and pat <i>lightly</i> to dry. Apply thin layer of Eucerin Original Crème thru the day. Days-3-10: Continue to reapply Eucerin. Peeling will occur. DO NOT PEEL OFF! | Day of procedure & Day 2: Wash eyes with mild soap and water, using fingertips. Rinse well and lightly pat dry. Apply nothing. Day 3: Apply nothing. No need to wash unless lashes are stuck together. Day 4 -7: Apply nothing. Allow your eyeliner to dry heal. Should be no need to wash until healed. Then, resume regular routine. |
| WHAT TO AVOID | Avoid placing your face directly into a shower & Avoid topical antibiotics, night creams, active skin creams, Retin-A, exfoliants, and facial cleansers on pigmented area. Avoid direct sunlight while healing. Avoid picking or scratching brows while healing. | Avoid extended wear lipsticks or plumping gloss. Avoid teeth bleaching for a minimum of 3 weeks. Avoid drinking any beverages without a straw. | Avoid: eye creams, Latisse & lash growth products, moisturizers, Retin-A, lash tinting, lash extensions and false lashes for 2-wks following procedures. Avoid high sodium foods to reduce swelling, (for at least the first 3 days). |
| WHAT TO NOTICE | Infections are extremely rare, however, if red ring appears around your brows, seek medical attention. | If you develop fever blisters, call your physician for an anti-viral medication. Lips tend to fade 60% and color can hide for a 2-week period before resurfacing. | YOUR EYEBALL SHOULD NOT BECOME MORE RED! You must seek medical attention immediately if you see signs of bloodshot eyes or pus in the corners of your eye/eyes. This may be an infection, requiring a physician and prescribed medication. |

Although extremely rare, we advise you to see a physician with the first sign of infection.

FOLLOW FOR ALL PROCEDURES:

A touch-up procedure is often required.

- Avoid** makeup, Retin-A & all acids on pigmented areas while healing.
- Avoid** touching with fingers, sunscreens, direct sun, tanning beds & self-tanners on pigmented areas. Once healed, use a good sunscreen daily.
- Avoid** swimming pools, oceans, hot tubs, saunas, and hot steamy showers. Shower with back to shower head to avoid water, shampoo /conditioner getting into pigmented area.
- Avoid dirt** (as in gardening), extreme perspiration (the gym) for the first week to prevent possible infection.
- Don't be alarmed** if pigment comes off onto Q-tip when applying aftercare.
- Don't be alarmed** by fading after first application. Final color cannot be judged until 2 weeks post procedure.
- Never** use topical antibiotics unless given to you at time of your procedure, with specific instructions.
- If planning** a chemical peel, MRI or other medical procedure, please notify technician you have a cosmetic tattoo.
- If planning** to have laser hair removal on upper lip or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo so this area may be avoided by the laser. Both ablative and non-ablative lasers may cause pigment to turn black.
- If donating blood**, it is a Red Cross policy to wait one year after any tattooing procedure.