



## **Medical Clearance Guidelines**

If you have a history of any of the following conditions, you will require medical clearance and/or pre-medication:

- Insulin-dependent diabetic
- Rheumatic fever
- Fever blisters
- Shingles
- Seizures
- Eye diseases (i.e. Glaucoma or Grave's Disease)
- Lupus, autoimmune diseases
- Blepharitis
- Heart valves, stents, pacemakers
- Organ transplants
- Joint replacements

If you have taken or currently take any of the following medications, you will likely require medical clearance and/or pre-medication:

- Blood thinners
- Steroids

*Please discuss further with your physician and with your permanent practitioner to determine what steps are necessary before receiving any form of permanent makeup.*