



Post Care Instructions for Areola Tattooing

Day 1, at Bedtime – Gently wash, area/areas, *using fingertips*, with soap and water. Lightly pat dry with fresh, clean towel and apply a **small amount** of Bacitracin with Q-tip and apply fresh Telfa Bandage.

Day 2, first thing in the morning, repeat washing, apply a **small amount** of Bacitracin with Q-tip and apply fresh Telfa Bandage.

Day 2, in the evening...if areola is still weeping, repeat the washing and application of Bacitracin and fresh bandage.

Day 3 to Healed...only wash if areola is still weeping or sticky and apply **small amount** of AQUAFORE. Change bandages 2x's on Day 3.

Days 4 to 10...generally, no bandages are necessary. Apply a very small amount of AQUAFORE, 1x, daily.

Avoid Until Healed:

- Hot, steamy baths and long showers or soaking tattooed areola in water for 14 days after procedure.
- When showering, place your back to the shower. Some soap and water may run over areola area.
- Gyms and heavy perspiring for two weeks to avoid infection.
- Direct sun, tanning beds, self-tanners on pigmented area
- Dirt, as in gardening, raking etc.
- Swimming in both salt or chlorine pools, hot tubs or saunas to avoid infection and loss of color.



Please Note:

- Don't be alarmed if a little color comes off with Q-tip when apply Bacitracin. This is
- Don't be alarmed by fading after first application. The final color cannot be judged until 2 weeks after the procedure. A follow-up procedure is often required for best color retention and longevity.
- For future use of tanning beds, once healed, apply sunscreen over tattooed areola
- A light transient redness is expected immediately following procedures

Important – If sensitivity increases or reddish ring appears on the areola perimeter, you are to seek medical treatment, immediately, then contact us.

Client Signature: _____ Date: _____

Practitioner Signature: _____ Date: _____

Do you give permission for the Beau Institute to send your before and after photos to your doctor/surgeon?

YES or NO