



Client Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Pre-Procedure Form

**Please check which applies to you:**

**If medical clearance is required for your scheduled appointment, we must receive medical clearance prior to your procedure**

The following ALL require medical clearance on Dr. Letterhead or Prescription Pad:

- Heart valve replacement
- Joint Replacements
- Titanium rods
- Organ Transplants
- Lupus/Autoimmune Disease
- Insulin dependent diabetics
- Are you currently under a doctor’s care for any condition?  
Explain: \_\_\_\_\_
- I require pre-medication for any medical or dental procedures
- Active rashes, Breakouts, Open sores or Fever blisters anywhere on your face
- Active case of Rosacea, Eczema, Psoriasis,
- Shingles or Bell’s Palsy within the year, **or any skin condition**
- Full treatments of Chemotherapy or Radiation: Prophylactic chemotherapy is generally safe to proceed
- Pregnant or nursing, procedures cannot be done**
- Pacemaker
- Stents
- Screws
- Blood Thinners
- Seizures
- Long term steroids

## Required Waiting Period and Restrictions:

**If you are scheduled for the Covid-19 vaccine, you must wait 1 week before having a permanent makeup procedure.  
You must wait 10 days after your second dose to have a permanent makeup procedure.**

**Do Not Use any Facial Products or Cleansers containing Retinol or Glycolic Acid 1-2 weeks prior to your appointment**

### Eyebrows:

*Please remember permanent makeup is a process. It takes 6-8 weeks to heal between applications. Be patient while healing.*

- Botox or Disport – 1 Day since you cannot lie flat for at least 5 hours
- Topical Acne Cream – Benzoyl Peroxide, Clindamycin, Proactiv – 1 week
- Suntanned skin – 3-4 weeks for your face and 2-3 months for scar camouflage
- Chemical Peels that include retinols, glycolic acid (A.H.A) and Vitamin C – 4-6 weeks
- Laser Resurfacing 8-weeks
- IPL (intense pulsed light) – 1-2 weeks

### Eyeliner:

- **Eyelash extensions must be removed 1-2 days prior to eyeliner**
- **Contact Lenses must be removed prior to an eyeliner procedure (bring your glasses with you)**
- **Latisse or any other eyelash enhancement products (including mascaras) - minimum 2 weeks off** (Causes excessive bleeding, sensitivity, bruising and color may not be retained)
- Stye or Chalazion – wait 2 wks. from time of healing
- Lasik - Cataract Surgery – must wait 3-months to heal or 1 month prior to eye surgery
- Eye Diseases (i.e. Glaucoma or Graves’ Disease: Hyper Thyroid) – require medical clearance
- **Blepharitis: CONTAGIOUS – requires medical clearance** – chronic inflammation of the eyelid, usually at base of lashes. Symptoms include inflammation, irritation, itchiness

### Lips:

- Fillers (i.e. Juvaderm, Silk, Voluma, Sculptra, etc.) – 1-week minimum waiting period
- Fat transfer in lips – 1-month waiting period for swelling to subside
- Fever blisters: If you have EVER had 1 in your lifetime, you will require an antivirus (Valacyclovir) prescription from your family doctor to start as prescribed. Request enough medication for your touch-up visit to avoid 2-co-pays.

**ACCEPTANCE: \*\*Please read thoroughly before signing\*\***

**I confirm that I have reviewed the information and have completed to the best of my knowledge.**

Signature of Client X \_\_\_\_\_ Date: \_\_\_\_\_