

	<b>Eyebrows/Camouflage</b> <i>Change your pillowcase, nightly.</i>	<b>Lips</b> <i>Change your pillowcase, nightly.</i>	<b>Eyeliner</b> <i>Change your pillowcase, nightly.</i>
<b>WHAT TO EXPECT</b>	Slight swelling with varying degrees of redness. Fairer complexions will tend to be pinker or red.	<b>Day of procedure:</b> Swelling may occur. An ice bag covered with paper towel can be applied for the first day and next morning. Lips will tend to weep.	Various degrees of swelling may occur, generally for first few mornings. Sleep propped up or on your back to reduce swelling. A sealed ice bag covered with paper towel can be <i>lightly</i> applied for the first 2 days. If eyes are weeping or tearing, pat lightly to dry with soft tissue. <b>DO NOT PRESS ICE BAG AGAINST EYES!</b>
<b>HOW TO CARE FOR YOUR PERMANENT MAKEUP</b>	<b>Day of procedure:</b> Pat <i>lightly</i> to remove any fluid with soft tissue. <b>Day 2:</b> Wash brows <i>lightly</i> with warm water & mild soap using <b>fingertips</b> . Pat dry with soft cloth. <b>Day 3 – 7:</b> Apply a <u><i>small amount</i></u> of Eucerin Original Crème, Aquaphor, After Inked, or Grape Seed Oil, 1x daily <b>in A.M.</b> using Q-tip.	<b>Day 1-10:</b> Keep moist using Q-tip with Eucerin Original Crème for 10-days. <b>Day 2-3:</b> Wash lips with mild soap & water using fingertips. Rinse and pat <i>lightly</i> to dry. Apply thin layer of Eucerin Original Crème thru the day. <b>Days-3-10: Continue to</b> reapply Eucerin. Peeling will occur. <b>DO NOT PEEL OFF!</b>	<b>Day of procedure &amp; Day 2:</b> Wash eyes with mild soap and water, using fingertips. Rinse well and lightly pat dry. <b>Apply nothing.</b> <b>Day 3: Apply nothing.</b> No need to wash unless lashes are stuck together. <b>Day 4 -7: Apply nothing.</b> Allow your eyeliner to dry heal. Should be no need to wash until healed. Then, resume regular routine.
<b>WHAT TO AVOID</b>	<b>Avoid</b> placing your face directly into a shower & <b>Avoid</b> topical antibiotics, night creams, active skin creams, Retin-A, exfoliants, and facial cleansers on pigmented area. <b>Avoid</b> direct sunlight while healing. <b>Avoid</b> picking or scratching brows while healing.	<b>Avoid</b> extended wear lipsticks or plumping gloss.  <b>Avoid</b> teeth bleaching for a minimum of 3 weeks.  <b>Avoid</b> drinking any beverages without a straw.	<b>Avoid:</b> eye creams, Latisse & lash growth products, moisturizers, Retin-A, lash tinting, lash extensions and false lashes <b>for 2-wks</b> following procedures.  <b>Avoid</b> high sodium foods to reduce swelling, (for at least the first 3 days).
<b>WHAT TO NOTICE</b>	Infections are extremely rare, however, if red ring appears around your brows, seek medical attention.	If you develop fever blisters, call your physician for an anti-viral medication. Lips tend to fade 60% and color can hide for a 2-week period before resurfacing.	<b>YOUR EYEBALL SHOULD NOT BECOME MORE RED!</b> You must seek medical attention <i>immediately</i> if you see signs of bloodshot eyes or pus in the corners of your eye/eyes. This may be an infection, requiring a physician and prescribed medication.

**Although extremely rare, we advise you to see a physician with the first sign of infection.**

**FOLLOW FOR ALL PROCEDURES:**

A touch-up procedure is often required.

- Avoid** makeup, Retin-A & all acids on pigmented areas while healing.
- Avoid** touching with fingers, sunscreens, direct sun, tanning beds & self-tanners on pigmented areas. Once healed, use a good sunscreen daily.
- Avoid** swimming pools, oceans, hot tubs, saunas, and hot steamy showers. Shower with back to shower head to avoid water, shampoo /conditioner getting into pigmented area.
- Avoid dirt** (as in gardening), extreme perspiration (the gym) for the first week to prevent possible infection.
- Don't be alarmed** if pigment comes off onto Q-tip when applying aftercare.
- Don't be alarmed** by fading after first application. Final color cannot be judged until 2 weeks post procedure.
- Never** use topical antibiotics unless given to you at time of your procedure, with specific instructions.
- If planning** a chemical peel, MRI or other medical procedure, please notify technician you have a cosmetic tattoo.
- If planning** to have laser hair removal on upper lip or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo so this area may be avoided by the laser. Both ablative and non-ablative lasers may cause pigment to turn black.
- If donating blood**, it is a Red Cross policy to wait one year after any tattooing procedure.



*Please remember permanent makeup is a process. It takes 6-8 weeks to heal between applications.*

**Be patient while healing.**

By initialing, I state that I have received verbal and written post-procedure instructions from the **Beau Institute**, understand them and agree to call with any questions or concerns. **856-727-1411.**

Client Name \_\_\_\_\_ Initials \_\_\_\_\_ Date \_\_\_\_\_ Practitioner \_\_\_\_\_